


7-Day Waste Audit

	Garbage	Recycling	Compost	Donation
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				

Reflection

What were your largest trash contributors? Did you notice any patterns?

How much of your waste was uneaten or spoiled food waste? What habits do you think were responsible?

Could you have recycled, composted, or donated anything that was put into the landfill by habit?

What was your biggest takeaway from this week?

Waste Reduction Goal Setting

Targeted item	What low-waste alternatives are there?	What will you commit to trying?	Was the swap successful?
			<input data-bbox="1162 648 1266 743" type="checkbox"/> <input data-bbox="1299 648 1403 743" type="checkbox"/> Yes! Not yet!
			<input data-bbox="1174 890 1278 984" type="checkbox"/> <input data-bbox="1310 890 1414 984" type="checkbox"/> Yes! Not yet!
			<input data-bbox="1174 1131 1278 1226" type="checkbox"/> <input data-bbox="1310 1131 1414 1226" type="checkbox"/> Yes! Not yet!
			<input data-bbox="1174 1373 1278 1467" type="checkbox"/> <input data-bbox="1310 1373 1414 1467" type="checkbox"/> Yes! Not yet!
			<input data-bbox="1174 1614 1278 1709" type="checkbox"/> <input data-bbox="1310 1614 1414 1709" type="checkbox"/> Yes! Not yet!